

Monday / LunesNot High Noon West**NOON - 1:00 PM**

Sylva First Methodist Church
77 Jackson St.
Sylva, NC, 28779
(O,D,L)

Recovery on the Rez**6:00 PM - 7:00 PM**

Cherokee Indian Hospital Must follow CDC Guidelines
for medical facilities/mask/social distancing
1 Hospital Road
Cherokee, NC, 28789
(O,D)

Tuesday / MartesWe Do Recover**7:00 PM - 8:00 PM**

Free Methodist Church
422 Valley River Ave.
Murphy, NC, 28906
(O,L)

Wednesday / MiércolesLucky to Be Here Group**6:00 PM - 7:00 PM**

Saint Augustine Anglican Church
1000 Main Street
Bryson City, NC, 28713
(LIT)

Thursday / JuevesWe Do Recover**7:00 PM - 8:00 PM**

Free Methodist Church
422 Valley River Ave.
Murphy, NC, 28906
(O,D)

Friday / ViernesLucky to Be Here Group**6:00 PM - 7:00 PM**

Saint Augustine's Anglican Church
1000 Main Street
Bryson City, NC, 28713

ACC - Attitudes Can Change**7:00 PM - 8:00 PM**

Presbyterian Church
26 Church St.
Franklin, NC, 28734
(O,D,BL)

Saturday / SábadoSylva Serenity**6:00 PM - 7:00 PM**

Sylva First Methodist Church-Conference Room park
and enter in the back of the church
77 Jackson St
Sylva, NC, 28779
(O,D)

We Do Recover**7:00 PM - 8:00 PM**

Free Methodist Church
422 Valley River Ave.
Murphy, NC, 28906
(O,L)

MEETING FORMAT LEGEND

D	Discussion	O	Open
LIT	Literature Study	L	Literature Study
BL	Bi-Lingual		

SERVICE MEETINGS

**What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.
Basic Text, page 65**

PHONE NUMBERS



NC MOUNTAIN AREA

MEETING LIST

MAY 2026

**COVERS CHEROKEE, HAYWOOD, JACKSON,
MACON AND SWAIN COUNTIES.**

HELPLINE

888-764-0365

STATE WIDE HELPLINE

855-227-6262

NCMANA

**537 Fox Trace Dr
Sylva, NC 28779**

<https://ncregion-na.org/nc-mountain-area>

SUGGESTIONS

- Avoid People, Places, and Things You Used With or At
- Come Early and Stay Late
- Don't Use and Go to Meetings
- Get and Use a Sponsor
- Get a Home Group
- Go to 90 Meetings in 90 Days
- Use the Phone
- Keep Coming Back, It Works
- Get Involved In Service
- Meetings Weekly: 9