Monday / Lunes

Not High Noon West
NOON - 1:00 PM
Sylva First Methodist Church
77 Jackson St.
Sylva, NC, 28779
(O,D,L)

Recovery on the Rez
6:00 PM - 7:00 PM
Cherokee Indian Hospital Must follow CDC Guidelines for medical facilities/mask/social distancing
1 Hospital Road
Cherokee, NC, 28789
(O,D)

Tuesday / Martes

We Do Recover
7:00 PM - 8:00 PM
Free Methodist Church
422 Valley River Ave.
Murphy, NC, 28906
(O,L)

Wednesday / Miércoles

Lucky to Be Here Group
6:00 PM - 7:00 PM
Saint Augustine Anglican Church
1000 Main Street
Bryson City, NC, 28713
(LIT)

Thursday / Jueves

We Do Recover
7:00 PM - 8:00 PM
Free Methodist Church
422 Valley River Ave.
Murphy, NC, 28906
(O,D)

Friday / Viernes

Lucky to Be Here Group
6:00 PM - 7:00 PM
Saint Augustine's Anglican Church
1000 Main Street
Bryson City, NC, 28713

ACC - Attitudes Can Change
7:00 PM - 8:00 PM
Presbyterian Church
26 Church St.
Franklin, NC, 28734
(O,D,BL)

Saturday / Sábado

Sylva Serenity
6:00 PM - 7:00 PM
Sylva First Methodist Church-Conference Room park and enter in the back of the church
77 Jackson St
Sylva, NC, 28779
(O,D)

We Do Recover
7:00 PM - 8:00 PM
Free Methodist Church
422 Valley River Ave.
Murphy, NC, 28906
(O,L)

MEETING FORMAT LEGEND

D	Discussion	O	Open
LIT	Literature Study	L	Literature Study
BL	Bi-Lingual		

SERVICE MEETINGS

What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.
Basic Text*, page 65*

PHONE NUMBERS

NC MOUNTAIN AREA

MEETING LIST

NOVEMBER 2026

COVERS CHEROKEE, HAYWOOD, JACKSON, MACON AND SWAIN COUNTIES.

HELPLINE
888-764-0365
STATE WIDE HELPLINE
855-227-6262

NCMANA
537 Fox Trace Dr
Sylva, NC 28779

https://ncregion-na.org/nc-mountain-area

SUGGESTIONS

Avoid People, Places, and Things You Used With or At
Come Early and Stay Late
Don't Use and Go to Meetings
Get and Use a Sponsor
Get a Home Group
Go to 90 Meetings in 90 Days
Use the Phone
Keep Coming Back, It Works
Get Involved In Service
Meetings Weekly: 9