

**Monday / Lunes**

Not High Noon West

**12:00 PM - 1:00 PM**

Sylva First Methodist Church  
77 Jackson St.  
Sylva, NC, 28779  
(O,D,L)

Recovery on the Rez**6:00 PM - 7:00 PM**

Cherokee Indian Hospital Must follow CDC Guidelines  
for medical facilities/mask/social distancing  
1 Hospital Road  
Cherokee, NC, 28789  
(O,D)

**Tuesday / Martes**We Do Recover**7:00 PM - 8:00 PM**

Free Methodist Church  
422 Valley River Ave.  
Murphy, NC, 28906  
(O,L)

**Wednesday / Miércoles**Lucky to Be Here Group**6:00 PM - 7:00 PM**

Saint Augustine Anglican Church  
1000 Main Street  
Bryson City, NC, 28713  
(LIT)

**Thursday / Jueves**We Do Recover**7:00 PM - 8:00 PM**

Free Methodist Church  
422 Valley River Ave.  
Murphy, NC, 28906  
(O,D)

**Friday / Viernes**Lucky to Be Here Group**6:00 PM - 7:00 PM**

Saint Augustine's Anglican Church  
1000 Main Street  
Bryson City, NC, 28713

ACC - Attitudes Can Change**7:00 PM - 8:00 PM**

Presbyterian Church  
26 Church St.  
Franklin, NC, 28734  
(O,D,BL)

**Saturday / Sábado**

Sylva Serenity

**6:00 PM - 7:00 PM**

Sylva First Methodist Church-Conference Room park  
and enter in the back of the church  
77 Jackson St  
Sylva, NC, 28779  
(O,D)

We Do Recover**7:00 PM - 8:00 PM**

Free Methodist Church  
422 Valley River Ave.  
Murphy, NC, 28906  
(O,L)

**MEETING FORMAT LEGEND**

D	Discussion	O	Open
LIT	Literature Study	L	Literature Study
BL	Bi-Lingual		

**SERVICE MEETINGS**

**What is our message?**  
**The message is that an addict,**  
**any addict, can stop using drugs,**  
**lose the desire to use,**  
**and find a new way to live.**  
**Our message is hope**  
**and the promise of freedom.**  
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**PHONE NUMBERS**



**NC MOUNTAIN AREA**

**MEETING LIST**

**SEPTEMBER 2025**

**COVERS CHEROKEE, HAYWOOD, JACKSON,  
MACON AND SWAIN COUNTIES.**

**HELPLINE**

**888-764-0365**

**STATE WIDE HELPLINE**

**855-227-6262**

**NCMANA**

**537 Fox Trace Dr  
Sylva, NC 28779**

**<https://ncregion-na.org/nc-mountain-area>**

**SUGGESTIONS**

Avoid People, Places, and Things You Used With or At  
Come Early and Stay Late  
Don't Use and Go to Meetings  
Get and Use a Sponsor  
Get a Home Group  
Go to 90 Meetings in 90 Days  
Use the Phone  
Keep Coming Back, It Works  
Get Involved In Service  
Meetings Weekly: 9