

**Monday / Lunes**Not High Noon West**12:00 PM - 1:00 PM**

Sylva First Methodist Church

77 Jackson St.

Sylva, NC, 28779

**(O,D,L)**Recovery on the Rez**6:00 PM - 7:00 PM**Cherokee Indian Hospital Must follow CDC Guidelines  
for medical facilities/mask/social distancing

1 Hospital Road

Cherokee, NC, 28789

**(O,D)****Tuesday / Martes**Cullowhee Connection**6:00 PM - 7:00 PM**Cullowhee UMC (room 207) WCU Campus This is a  
hybrid meeting, in person and zoom

416 Central Dr.

Cullowhee, NC, 28723

<https://us02web.zoom.us/j/82410487303>

Meeting ID: 82410487303

**(O,LIT,HY)****Wednesday / Miércoles**Lucky to Be Here Group**6:30 PM - 7:30 PM**

Saint Augustine Anglican Church

1000 Main Street

Bryson City, NC, 28713

**(LIT)****Friday / Viernes**Lucky to Be Here Group**6:30 PM - 7:30 PM**

Saint Augustine's Anglican Church

1000 Main Street

Bryson City, NC, 28713

ACC - Attitudes Can Change**7:00 PM - 8:00 PM**

Presbyterian Church

26 Church St.

Franklin, NC, 28734

**(O,D,BL)****Saturday / Sábado**Cullowhee Connection**6:00 PM - 7:00 PM**Cullowhee UMC (room 207) WCU Campus this  
meeting is in person and on zoom

416 Central Drive.

Cullowhee, NC, 28723

<https://us02web.zoom.us/j/82410487303>

Meeting ID : 82410487303

**(O,D,HY)****MEETING FORMAT LEGEND**

BL Bi-Lingual	D Discussion
HY Hybrid	L Literature Study
LIT Literature Study	O Open

**SERVICE MEETINGS**

**What is our message?**  
**The message is that an addict,**  
**any addict, can stop using drugs,**  
**lose the desire to use,**  
**and find a new way to live.**  
**Our message is hope**  
**and the promise of freedom.**  
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## PHONE NUMBERS



## NC MOUNTAIN AREA

### MEETING LIST

**APRIL 2024**

**COVERS CHEROKEE, HAYWOOD, JACKSON,  
MACON AND SWAIN COUNTIES.**

### HELPLINE

**888-764-0365**

### STATE WIDE HELPLINE

**855-227-6262**

### NCMANA

**537 Fox Trace Dr  
Sylva, NC 28779**

**<https://ncregion-na.org/nc-mountain-area>**

### SUGGESTIONS

Avoid People, Places, and Things You Used With or At

Come Early and Stay Late

Don't Use and Go to Meetings

Get and Use a Sponsor

Get a Home Group

Go to 90 Meetings in 90 Days

Use the Phone

Keep Coming Back, It Works

Get Involved In Service

Meetings Weekly: 7